

Improving information and support for metastatic breast cancer patients in Nigeria



Chioma Christie Asuzu

Associate Professor

Specialist Adviser in Psycho-Oncology

University of Ibadan

Ibadan, Nigeria



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"Preventing and controlling breast cancer involves reaching out, bridging gaps, enhancing lives and building hope."



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Short description

Providing information and psycho-social support to metastatic breast cancer patients in Ibadan, Nigeria.

Abstract

Two-thirds of breast cancer patients seen in Nigerian teaching hospitals are at late/metastatic stages of the disease when treatment is difficult, expenditures catastrophic in the absence of health insurance, and overall outcomes are not ordinarily good. This study will be performed at the University College Hospital, in Ibadan and will improve the psycho-social care, support and quality of life of breast cancer patients.

We will assess the distress level as well as the quality of life of metastatic cancer patients, provide psycho-social care and treatment (including navigational assistance) and track progress and improvement three, six and nine months later. Informational needs for prevention, early diagnosis, treatment navigation and care will be provided through a cancer support group service. We will use audio-visual recordings of these episodes for the development of field-tested advocacy tools for cancer awareness, prevention, care and policies for the wider national communities. Data analysis will be performed by descriptive, bivariate and multivariate analysis. It is expected that the results of this work will greatly improve the multi-disciplinary approach to oncology care, as well as the Nigerian public health policies and programmes with regards to breast cancer care in the country.

Focus areas

National planning

Stakeholders

Patients, government



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