The case of Cyprus: The psychosocial needs of women living with metastatic breast cancer

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"As recipients of this SPARC award, we feel the need to express our gratitude for giving us the opportunity to investigate and document the psycho-social needs of women living with metastatic breast cancer in Cyprus. We hope that the findings of this initiative will enable us to inform and raise awareness throughout Cyprus. Cypriot women should no longer feel alone or ignored. By sharing our findings, hopefully we can inspire a change."

Read more on the SPARC MBC Challenge at uicc.org/SPARC

Short description
Women living with metastatic breast cancer in Cyprus surveyed regarding their needs and the data used in awareness campaigns, future research and to lobby decision makers regarding MBC.

Abstract
The purpose of this project is to contribute to the prevention, early detection and treatment of breast cancer in Cyprus and to advise the general public on what it is like to live with MBC. A survey will be performed to investigate the psychosocial needs of women living with MBC, and we will generate a databank of women's experiences and produce information packs for the general public. We will also develop a website and e-health applications that can facilitate communication between patients, carers and healthcare professionals. The bi-communal aspect of the project is fundamental to informing and raising awareness about MBC throughout Cyprus.

The acquired knowledge obtained from this project will be translated into awareness campaigns, conferences and seminars, and used as leverage in advocating and lobbying in order to influence decision makers to take political actions and adjust national strategies and planning in relation to MBC. The project will establish a local network of institutions and researchers who will plan future research into MBC in Cyprus and partnerships and collaborations within the context of European Union and elsewhere will be established. The project should bridge the current gap in documenting and understanding the needs of women living with MBC in Cyprus.

Focus areas
Raising patient voices

Stakeholders
Patients, politicians

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